



SO MUCH IN A CLUB

# "Dining Duo"

## NEW AT THE CLUB AT DORAL: MEMBERS' SEAFOOD FEAST AND CASUAL DINING



Join us for a "different kind" of dinner throughout the spring with Casual Dining on Wednesday evenings. Gentlemen, come with your buddies after a round of golf; ladies, have an evening out with friends for a little girl talk; and couples, take a break from cooking at home and let us provide you with a succulent buffet. Fun for everyone!

Bring your friends and family for some "fresh catch" at our Members' Seafood Feast beginning April 26 and become part of the new Club tradition.



### MEMBERS' SEAFOOD FEAST

**Last Saturday of the month beginning April 26, 5 p.m.-8 p.m. (\$24.95++ per person.)**



#### MENU

- Peel & Eat Shrimp
- Chilled Snow Crab Legs with Cocktail Sauce & Lemons
- Seafood Salad
- Mesclun Greens with Dressings
- Pasta Salad
- Cole Slaw
- Fresh Sliced Fruit
- Seafood Minestrone Soup
- Filet of Sole with Lemon Pepper Sauce
- Green Beans with Roasted Peppers
- Crème Caramel
- Mini Chocolate Hazelnut Shots
- Cream Puffs

### CASUAL DINING

Add a twist to your week with a casual dinner at The Club and begin a new tradition. Join your fellow Members for a fun, casual evening.

**Every Wednesday (Members' Clubhouse) – 5 p.m.-8 p.m. (\$15.95++ per person.)**

**TACO SUPREME (April 2, April 30, May 28)**



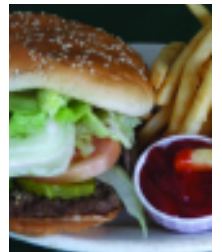
**PASTA PARTY (April 9, May 7)**



**BARBECUE BASH (April 16, May 14)**



**NIGHT AT THE DINER (April 23, May 21)**



Casual Dining will continue through the end of May. Based on Member participation, it will continue throughout the summer.

## SEAFOOD BUFFET DINNER

On Friday, February 29, 2008, the Seafood Buffet Dinner was held at the Members' Clubhouse. Sixty Members came together and enjoyed an assortment of seafood delights presented by our chefs. Many Members enjoyed wine from their private collection. It was also nice to see some of our new Members participating. What a great way to welcome them into our Club life.



Welson Keshen/Eugene Stern



Lorrie Stern/Julie Abolila

## SIP & SAVOR

The Members' Clubhouse was transformed into a venue of Italian charm with wines featured from throughout the artistically and culturally rich country. On Thursday, March 13, 2008,



Marco and Kathie Zanelli and guest.

Members tasted a variety of red and white wines paired with an array of culinary delights. The growing reputation for Italian wines is due not only to the fact that it produces and exports more than any other country, but that it offers the greatest variety of wine types in nearly every color, flavor and style imaginable.

Some Italian wines that were featured included *Livio Felluga Tocai Friulano*, *Ceretto Moscato D'Asti*, *Ceretto Arneis*, *Capezzano Carmignano*, *Monsanto Chianti Classico Riserva* and many more.



## ADMINISTRATIVE PROFESSIONALS WEEK

Monday-Friday, April 21-25, 2008, is Administrative Professionals Week. Thinking of having a party for your hardworking assistants in the office? Bring your assistants and have a small party in our Boardroom (seats up to 10 people) to celebrate their dedication and commitment throughout the year, and have a complimentary glass of champagne on us. Call Lauren Hall at 305-591-6624 for more information or to reserve the room.





**SPA & FITNESS SPECIAL**

**April 1, 2008-July 1, 2008**

**“LOOK AND FEEL FAB AFTER 40” PACKAGE SPECIAL**

*(Read the editorial in the TENNIS AND FITNESS section.)*

Feeling a little stressed these days? Take advantage of this great offer to de-stress and feel a little more refreshed and energized.

**3 Workout Sessions; 1 Mind & Body Stress Management Session and Nutrition Consultation for \$250.**

*Package includes a complimentary postural assessment, written workout guidelines for future references and a “Relax & Unwind” relaxation tape.*

Call the Wellness Office at ext. 4739 for additional information or to book your service.



**SPA**

**Spring/Summer Series Promotion  
April 1, 2008-July 1, 2008**

**Purchase a series of the same five, 50-minute experiences (valid Monday through Thursday), and the sixth experience is on us!**

**EXPERIENCES WITH THIS PROMOTION INCLUDE:**

- **Relax Swedish Massage – 50 min. (savings of \$120)**
- **Movement Stretch Massage – 50 min. (savings of \$120)**
- **Reflexology – 50 min. (savings of \$120)**
- **Awaken Body Treatment – 50 min. (savings of \$125)**
- **Saving Face Hydrating Facial – 50 min. (savings of \$130)**

To purchase a series, please contact Membership Concierge Lauren Hall at 305-591-6624 or e-mail her at [Lauren.B.Hall@marriott.com](mailto:Lauren.B.Hall@marriott.com), or visit her in the Members’ Clubhouse to purchase the package.

*Series includes the premier Member discount and must be charged to the Member account to be valid.*



**WHITE PALMS WOMEN’S BOUTIQUE**

**“I Wish It Would Rain”**

Purchase any Brighton item of \$100 or more and receive an exclusively designed Brighton umbrella as your free gift.

“Shifting into Neutral” is the theme for this season’s new Brighton collections. Two-tone splashes of caramel hues never looked better warming up to white. Whatever your style, personality, career or mood, Brighton accessories are designed for you!

Visit White Palms Women’s Boutique to see the latest collections in fragrances, eyewear, jewelry, accessories, watches, home gifts, handbags, wallets and luggage.



**UPCOMING EVENTS**

**Saturday, May 3, 2008 –  
Family Golf & Movie Night**

Watch for details for this new event created especially for you by the social committee. We will start off with golf at 5 p.m., followed by dinner and a movie. The featured movie is *The Greatest Game Ever Played*. The screenplay is by Mark Frost and is based on a true story. Pricing and details will follow in future correspondence.

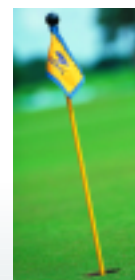
**Sunday, May 11, 2008 –  
Mother’s Day Brunch at  
Windows on the Green**



Bring Mom to Windows on the Green for a spectacular brunch in a beautiful setting. Watch for more information as the day gets closer.

**Sunday, June 15, 2008 –  
Father’s Day Family Fun Scramble**

Dads, bring your whole family and enjoy a day at The Club beginning with golf at 2 p.m. Prizes will be given for different events on the course. Regular golf fees apply and there is a \$10 entry fee per person.



### 3RD ANNUAL WENDELL BEARD INVITATIONAL

Members, friends and family gathered for the 3rd Annual Wendell Beard Invitational, a 1-day Member/Guest played on the Blue Monster on Saturday, January 12, 2008. Don McCarthy and partner Don Chornac were the winners of this year's invitational with a net 62. The Wendell Beard Invitational has been a sellout all three years, with this year being the most popular. Mr. Beard has been a Member since 1994, and is an honorary Board Member for The Club at Doral.



Don McCarthy/Don Chornac



Mike Mares/Wendell Beard

### 2008 WGA MEMBER/GUEST

Members of the WGA had their 2008 Member/Guest Tournament on Friday and Saturday, March 7 and 8. The ladies began with a 10 a.m. brunch on the Pro Shop lawn, followed by a putting contest on the Red and Gold putting green. At 12 p.m., the ladies had a shotgun start on the Gold Course.



Saturday began with some inclement weather in the morning during the continental breakfast; this caused a later shotgun start on the White Course around 8:25 a.m. Lunch followed in the Mimosa Room where the results of the tournament were announced.

The overall winning team with a gross score of 139 was Member Karen Taylor and her guest, Sarah Phillips. Thank you to all who participated in the tournament; and a special thank you to the decorating committee for an outstanding job.



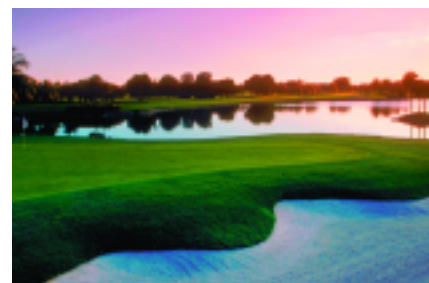
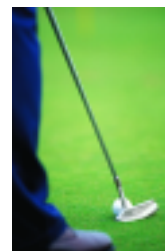
Karen Taylor, Member/Sarah Phillips, guest



Marion McCarthy/Mary Sloan

### 2008 MGA CLUB CHAMPIONSHIP

The 2008 MGA Club Championship two-day event took place Saturday and Sunday, March 1 and 2, with the first round being played on the Blue Monster, and followed the next day on the Great White. This year's Club Champion, with a gross score of 158, was Michael Rafalowics. Thank you to all who participated! Be sure to sign up for the next MGA event (Member/Guest) being held Wednesday-Saturday, April 9-12, 2008. Space is limited, so sign up now!



### NOW AT DORAL - WIRELESS GPS ON GOLF CARTS

A wireless-based GPS system, developed by GPS Industries, was recently installed on all of the resort golf carts throughout Doral. Our professional golf team is very excited to offer the Membership and guests the new enhancement. Please make sure to stop by the Staging Area and our team will be happy to provide you with its proper operating procedure.



**TENNIS NEWS**

Dear Members,

I would like to send my sincere thanks and gratitude to The Club at Doral Members, as well as to my colleagues, for giving me a warm welcome into The Club. For any Members who have not had the chance to experience our tennis services or seen our facility, please feel free to contact anyone from our staff and we will be happy to assist you. Again, thank you so much. I greatly appreciate everyone's support and enthusiasm.

Sincerely,

John Paul Bahamondes  
Director of Tennis



*Gabriela Galvan/Supin Bachmann/  
John Paul Bahamondes/Marco Zanelli*

**TENNIS KICKOFF EVENT**

The 2008 Tennis Kickoff at Doral Park Tennis Club on Saturday, January 12, 2008, was a great success. The two-hour event began with a group clinic and concluded with some group tennis games. Afterward, some great Wilson and Fila prizes were awarded for "Best Effort" and "Most Potential." The winners were Supin Bachmann, Gabriela Galvan, Lili Kubli and Kevin Douglas. We had a total of 15 participants. Thank you to Max Mangones, Tony Mulitdor and Lisa Williams who helped in making this event a success. We look forward to seeing everyone on the courts again soon.



**FITNESS NEWS**

**A WOMAN'S ISSUE –  
KEEPING FIT AFTER 40**

If your clothes are feeling a little tighter these days – particularly around the waistline – you are not imagining it. As we get older, our bodies change, out of whack hormones and a slowing metabolism can make years leading up to menopause a prime time for weight gain. On average, women put on a pound a year, mostly around the belly. The good news is that no one is destined for a midlife weight gain. Research shows that you can have plenty of control over your body. With the right tweaks to your diet, exercise plan, and how to cope with stress, you can avoid the midlife spread and guess what... even lose weight. With muscle-building exercises, you can keep your metabolism humming along, and even better, we all know that frequent exercise cannot only help you stay slim and strong, but also lower your blood pressure, cut your risk of breast cancer, heart disease, and ward off arthritis and osteoporosis.

*(Prevention, "Get Your Body Back" 2007 Edition)*

**EAT SMART, STAY HEALTHY**

**STAY HEALTHY AFTER 40**

*By Kathie Graham, MS, RD, LD/N  
Spa Nutritionist*

As you age, your calorie and protein needs change. Vitamin, mineral and supplement recommendations also change due to age, risk factors for diseases and results of lab work. Inflammation (measured by C-reactive protein in the blood) can trigger heart disease, certain types of arthritis and cancer. Anti-inflammatory foods and the proper supplements can decrease inflammation.

Vitamin A, found in low-fat/nonfat milk, dark-green, leafy vegetables, and dark-orange vegetables and fruits, is important for the maintenance of healthy, glowing skin. However, vitamin A supplements in the form of retinol can increase the risk of osteoporosis.


Osteoporosis isn't just due to a lack of calcium. Weight-bearing exercise, vitamin K and vitamin D are also important in prevention. Like many people, you may have a deficiency of vitamin D. Low levels of vitamin D not only contribute to osteoporosis, but also to some common cancers, diabetes, hypertension and age-related muscle weakness.



Totally confused on what's right for you? Let us assist you in making smart choices to help your body stay healthy as you age. Call the Wellness Office at ext. 4739 for additional information on the "Look and Feel Fab After 40" Package.

M A Y

48-hour cancellation policy in effect for all Member events. Cancellations NOT made within 48 hours will be charged in full to the Member account. For more information on Club events, log on to [www.clubatdoral.com](http://www.clubatdoral.com). For reservations, please call 305-717-6358. **Calendar subject to change** (including course rotation).

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>Happy Hour</b> Daily 4 p.m.-8 p.m.	<b>Jim McLean Golf School</b> Every Sunday – \$75 1 p.m.-4 p.m.	<b>Lunch Buffet</b> Daily 11 a.m.	<b>1</b>  WGA Event Gold Course <b>Gold Course</b>	<b>2</b>  <b>Blue Course</b>	<b>3</b>  MGA Event 1 Best Ball of 2 Family Golf & Movie Night <b>Gold/ White Course</b>
<b>4</b>  <b>Silver Course</b>	<b>5</b>  <b>Red Course Closed</b>  <b>White Course</b> Golf Member Guest Days	<b>6</b>  Book Club 11 a.m. <b>Red Course Closed</b>  <b>Blue Course</b> Golf Member Guest Days	<b>7</b>  Men's Seniors Gold Course Casual Dining – Pasta Party <b>Gold Course</b> Golf Member Guest Days	<b>8</b>  WGA Event Blue Course Western Night <b>Blue Course</b>	<b>9</b>  <b>White Course</b>	<b>10</b>  <b>Red/Blue Course</b>
<b>11</b>  Mother's Day Brunch at Windows on the Green <b>Blue Course</b>	<b>12</b>  <b>Gold Course Closed</b>  <b>Gold Course</b> Golf Member Guest Days	<b>13</b>  <b>Gold Course Closed</b>  <b>White Course</b> Golf Member Guest Days	<b>14</b>  Men's Seniors Blue Course Casual Dining – Barbecue Bash <b>Blue Course</b> Golf Member Guest Days	<b>15</b>  Wine Event 7 p.m. <b>Red Course</b>	<b>16</b>  <b>Silver Course</b>	<b>17</b>  MGA Event Individual Stroke Play <b>White/Blue Course</b>
<b>18</b>  <b>Gold Course</b>	<b>19</b>  <b>White Course Closed</b> <b>Gold Course Closed</b>  <b>Silver Course</b> Golf Member Guest Days	<b>20</b>  <b>White Course Closed</b> <b>Gold Course Closed</b>  <b>Red Course</b> Golf Member Guest Days	<b>21</b>  Men's Seniors Red Course Casual Dining – Diner Night <b>Gold Course Closed</b>  <b>Red Course</b> Golf Member Guest Days	<b>22</b>  <b>Gold Course Closed</b>  <b>Blue Course</b>	<b>23</b>  <b>Gold Course Closed</b>  <b>Red Course</b>	<b>24</b>  <b>Gold Course Closed</b>  <b>Silver/Red Course</b>
<b>25</b>  <b>Gold Course Closed</b>  <b>Silver Course</b>	<b>26</b>  <b>Blue Course Closed</b> <b>Gold Course Closed</b>  <b>Red Course</b> Golf Member Guest Days	<b>27</b>  <b>Blue Course Closed</b> <b>Gold Course Closed</b>  <b>White Course</b> Golf Member Guest Days	<b>28</b>  Men's Seniors White Course Casual Dining – Taco Supreme <b>Gold Course Closed</b>  <b>Red Course</b> Golf Member Guest Days	<b>29</b>  <b>Gold Course Closed</b>  <b>Silver Course</b>	<b>30</b>	<b>31</b>  Member's Seafood Feast 5 p.m.-8 p.m.

Member course rotation subject to change. Please see the Member's Web site for the latest schedule.

BOOKS

Do you love to read? Want to discuss it with The Club at Doral Book Group? The group meets at 11 a.m. in the Members' Clubhouse to discuss our selection of the month. Below is a list of the 2008 book selections:

**MAY 6**

*The History of Love: A Novel*  
by Nicole Krauss

**JUNE 3**

*Things Fall Apart*  
by Chinua Achebe



**JULY 1**

*Protect and Defend: A Thriller*  
by Vince Flynn

**AUGUST 5**

*Between Two Worlds: Escape from Tyranny: Growing Up in the Shadow of Saddam*  
by Zainab Salbi and Laurie Becklund

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Silver Course	2 Silver Course Closed White Course Golf Member Guest Days	3 Book Club 11 a.m. Silver Course Closed White Course Golf Member Guest Days	4 Men's Seniors White Course Silver Course Closed White Course Golf Member Guest Days	5 Silver Course Closed	6 Silver Course Closed Red Course	7 White/Silver Course
8 Silver Course	9 Red Course Closed White Course Golf Member Guest Days	10 Red Course Closed Silver Course Golf Member Guest Days	11 Men's Seniors Red Course Red Course Closed Red Course Golf Member Guest Days	12 Red Course Closed Red Course	13 Red Course Closed Silver Course	14 MGA Event 2-Person Scramble White Course White/Red Course
15 Father's Day Family Fun Scramble 2 p.m. Blue Course	16 Gold Course Closed Silver Course Golf Member Guest Days	17 Gold Course Closed Silver Course Golf Member Guest Days	18 Men's Seniors White Course Gold Course Closed White Course Golf Member Guest Days	19 Gold Course Closed Blue Course	20 Gold Course Closed White Course	21 Red/Silver Course
22 White Course	23 White Course Closed Red Course Golf Member Guest Days	24 White Course Closed Blue Course Golf Member Guest Days	25 Men's Seniors Red Course White Course Closed Red Course Golf Member Guest Days	26 White Course Closed Silver Course	27 White Course Closed White Course	28 Member's Seafood Feast 5 p.m.-8 p.m. Blue/White Course
29 Red Course	30 Blue Course Closed Blue Course Golf Member Guest Days			Happy Hour Daily 4 p.m.-8 p.m.	Jim McLean Golf School Daily Every Sunday - \$75 1 p.m.-4 p.m.	Lunch Buffet Daily 11 a.m.

Member course rotation subject to change. Please see the Member's Web site for the latest schedule.

THE CLUB AT DORAL STAFF

Golf Desk (Tee Times and Tournament Information)

305-591-6634

Marc Barcelo, Head Golf Professional

305-591-6685 • [Marc.Barcelo@Marriott.com](mailto:Marc.Barcelo@Marriott.com)

Karen Landa, Director of Membership Operations

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Gina Perez, Membership Sales Manager

305-591-6621 • [Gina.Perez@Marriott.com](mailto:Gina.Perez@Marriott.com)

Lauren Hall, Membership Concierge

305-591-6624 • [Lauren.B.Hall@Marriott.com](mailto:Lauren.B.Hall@Marriott.com)

Darrin Helfrick, Golf General Manager

305-591-6608 • [Darrin.Helfrick@Marriott.com](mailto:Darrin.Helfrick@Marriott.com)

MEMBERS' CLUBHOUSE

HOURS OF OPERATION

Monday-Sunday

Clubhouse: 6 a.m.-8 p.m.

Lunch: 11 a.m.-3 p.m.

Bar Service: 11 a.m.-8 p.m.

Wednesdays

Casual Dining: 5 p.m.-8 p.m.

Complimentary Coffee  
and Muffins Daily

6 a.m.-10 a.m.



We welcome your feedback. Please feel free to contact any or all of us to convey your experiences, both good and bad.

THE CLUB AT DORAL WELCOMES TWO NEW ADDITIONS TO THE STAFF...



**MARC BARCELO, CLASS A PGA**

The Club at Doral is proud to introduce Marc Barcelo as the new Membership Head Golf Professional. Marc joins us from The Ritz-Carlton Member Club in Sarasota, Fla., where he was the tournament coordinator. His previous club experience includes The Raven Golf Club at Sabino Springs in Tucson, Ariz., and Jackson Hole Golf &

Tennis Club in Jackson, Wyo. But there is more to Marc than golf. Marc was the 33rd pick in the Major League Baseball draft and was selected by the Minnesota Twins in 1993. After being released in 1997, he signed with the Chicago Cubs where he retired from in 1998. Marc has a strong background in teaching and is looking forward to establishing an instructional program that will benefit all players' levels of ability and all ages. We are proud to have him on our team and look forward to his contributions.



**LAUREN BLISS HALL**

Let us introduce you to Lauren Hall our new Membership Concierge. Lauren began her career at a weekly newspaper in Auburn, N.Y., where her talents were quickly recognized and she was promoted to features editor. At the end of 2005,

Lauren and her fiancé relocated to Fort Myers, Fla., where she accepted the position of administrative assistant at Stonebridge Country Club in Naples, Fla. It was there that she soon realized she enjoyed the membership and club lifestyle. When her husband was moved to Miami, she found a position most befitting to her newfound interest, that of membership concierge. Stop by and say hello. Lauren is looking forward to meeting everyone.



**2008 BOARD OF GOVERNORS**

The Club at Doral's Board of Governors gathered on Wednesday, February 13, 2008, to conduct official Club business at their first meeting, which also included the new 2008 advisors. From left to right (back row) are Mark Freesman, Michael Feiler, Ramon Mas Canosa, Ken Goodrich, Luis Rodriguez-Molina, vice chairman, Jesse Jones, past chairman, Wendell Beard, Russell Hearst, Scott Weisburd, Robin Gamber, Marion McCarthy and Rolando Lam, chairman.



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