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THE SPA AT DORAL

An unSPAralleled Indulgence

Step foot into the marble entrance way of The Spa at Doral and you'll know what spa-savvy Americans have known for a long time: You don't have to trek to Europe to indulge in the unparalleled pampering that a European spa has to offer. Nestled among gardens, statues and fountains with blue skies above and green grass below, the Spa at Doral ensures you are serene in between. The Spa at Doral, a self-contained resort within the Doral Golf Resort and Spa, has won the acclaim of travelers from around the globe. It's your health, your body and your spirit that deserve the best treatments and services and the best means visiting the Spa at Doral.

Under the glow of the warm Miami sun, take a dip in one of the spa's invigorating swimming pools. Seriously stressed? Sit under the cascading hydrotherapy waterfall and wash the tension away. Feeling achy? Schedule a soothing hot stone therapy treatment, guaranteed to relieve your tired muscles. Ready for some R&R? Climb into your pillow top bed and curl up in the finest linens in your very private and very luxurious suite.

Reminiscent of a European hideaway, this destination spa maintains an intimate feel, a residence away from home. Balustraded patios and Italian fountains accent the Tuscan-style villa atmosphere and the quaint courtyards are designed with the Mediterranean in mind. Guests can wander through serene gardens or lay alongside placid pools of water in plush terry robes and slippers, sipping soothing teas or herbal health drinks. Comfy chaise lounges and oversized hammocks, strategically placed throughout the grounds, are designed for decompressing in style.

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Inside the spa, grandiose spiral staircases float upward from the lobby toward a painted fresco and a magnificent skylight, leading guests to a place where they'll find nirvana. A designated Wellness Coordinator and the dedicated staff of professional estheticians and therapists will see to that. With a distinctive focus on the well being of all of its clients, the spa offers an extensive menu of services including over 100 treatments and 49 classes and lectures per week—each of which is a worthy investment. The Total Body Fango, authentically imported from Italy, destined to remineralize and detoxify the skin, turns Miami into your own personal Montecatini. The famous Thai massage, a rhythmic stretching ritual, enriches your soul with exotic Asian influences. The European facial, an intensive cleansing regimen along with a relaxing hand massage, draws techniques from legendary skin care masters.

While female clients are drawn to the Aromatherapy Massages, Royal Body Treatments and Timeless Skin Facials, male clients are just as enthused about the Blue Monster Massages, Gentleman's Facials, Sports Pedicure and the Golfer's One-On-One Workout. Both partners can share in their quest for greater health with strength and endurance classes, choreographed dance sessions and couples' nutrition lessons.

Reserve one of The Spa's recently renovated 48 luxury suites, or one of the well-appointed lodges that borders the resort's world-renowned golf courses. Decorated with glass and wrought iron furnishings, dark wood bureaus, bronze colored linens and carmel color couches, each features a marble foyer and bathroom, private whirlpools, extended balconies and video entertainment centers for the ultimate in comfort.

The gourmet Atrium at the Spa Restaurant, set in a spacious atrium, serves healthy gourmet for guests who prefer to dine in style while being conscious of the food choices they make. The menu incorporates Chef Diane Callejas' low-fat foods with full-bodied flavor. A cooking demonstration kitchen offers step-by-step directions for re-creating the healthy recipes served at The Spa once guests return home.

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The Spa at Doral has earned its reputation as one of the world's best resorts to visit and that is why it prides itself on personal service and attention to detail. Its reputable staff members including masseuses, nutritionists, personal trainers and Chef de Cuisine are dedicated to ensure a serene stay. The Spa has been ranked among the top 10 spas in the world by *Conde Nast Traveler's* Gold List and among the top U.S. spas by the Zagat Survey.

For more information on the Spa at Doral please call 1-800 71-DORAL or visit us online at www.doralresort.com